

Notices.

WILL our readers kindly notice that communications for insertion in the current number of the NURSING RECORD should reach the editorial Office, 20, Upper Wimpole Street, W., if possible, not later than Wednesday morning. We receive much interesting matter just after we have gone to press which, if sent a few posts earlier, could be inserted, but is stale a week later.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

Two Hospital Sisters.—We should certainly advise you, if you can manage it, to spend the week in Belgium or Holland. You will find it a much greater rest and change than going to an English watering place, and your outing will cost you a very moderate sum if you do not stay at expensive hotels. The International Pensions are always to be relied upon, and at these your expenses are covered by five or six francs a day. The addresses of these are to

be found in the *Swiss and Nice Times*, a weekly publication. If you go to Belgium you can travel from Dover to Ostend, in which case the crossing takes about four hours, and then go to Bruges, Ghent, Brussels, and Antwerp, and home via Harwich. You will find plenty to see in all these places, and we think you cannot fail to have an enjoyable holiday if the weather is good. We should advise your taking strong walking shoes, as most of these towns are paved with cobbles, which are trying to the feet, more especially if the shoes have thin soles.

Colonial Matron.—Certainly Colonial Matrons are eligible for membership of the Matrons' Council. Their help is much appreciated, as the intercourse, exchange of views, and the feeling of comradeship consequent upon such co-operation cannot fail to be of benefit to the nursing profession.

Mrs. Lambert.—You can obtain the *Nursing Directory* for 1900, published under the authority of the Matrons' Council, from the offices of the NURSING RECORD, 11, Adam Street, Strand, price 5s. It is a publication which all who are interested in nursing matters should possess, as it contains information given nowhere else.

Charge Nurse.—We are always glad to consider manuscripts dealing with subjects of nursing interest which are sent to us with a view to publication. They should in all cases be accompanied by a stamped and addressed envelope, so that they may be returned if not accepted.

Country Matron.—We consider that beds should, wherever possible, be made by two nurses. This is the most comfortable plan for the patient, and it obviates the necessity for running round the bed, which occurs when a nurse is single-handed.

Monthly Nurse.—The bed for a lying-in patient should consist of a firm mattress, covered by a long mackintosh beneath the bottom sheet. It should be made with a draw sheet and mackintosh, and over the draw sheet at the time of the confinement should be placed another mackintosh and a sanitary sheet. The upper bed clothes should be removed during the labour, and the patient covered by a blanket.



ON THE BATTLE FIELD.

The quantity of Liebig Company's Extract (now labelled Lemco) already supplied to the British Forces and the Red Cross and Yeomanry Hospitals in South Africa is sufficient to provide

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STANLEY SMITH, *Secretary.*

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